



Warrenpoint Harbour Authority and Carlingford lough
commission
Notice to Mariners
No. 3 of 2026
Battle of Carlingford Lough Swim

Sunday 31ST May 2026

To: Ship Owners, Operators, Managers, Masters, Pilots, Agents, Stevedores, Fishermen and Yachtsmen.

Warrenpoint Harbour Authority hereby gives notice of the following: -

A swimming events is scheduled to take place in Carlingford Lough from Sunday the 31st of May. Mariners are reminded to navigate with particular caution when operating in or near these areas taking particular regard to passing **speeds and wave wash**.

Approximately 200 swimmers will be taking part in a swimming event which will be taking place in the southern part of the Lough concentrated between Omeath Pier and Carlingford Marina .

“Battle of Carlingford swim route photographs below. The swim will commence at 12:00 and finish at 16:00hours.

There will be up to 5 rescue boats and 6 of Sea kayakers on the water during this event.

Water Safety Rescue Plan

To include details such as:

Event	Day/time/venue	Boat cover	Lifeguards	Kayak cover	Swimmers
7.5k swim course	31st May 2026	5	6 (1 on each boat 1 on shore)	5	200approx.

Total water crew 16.

THE BATTLE OF CARLINGFORD LOUGH SWIM OMEATH TO CARLINGFORD



31ST MAY
REGISTRATION 10:30 - 11:30AM
SAFETY BRIEFING: 11:45AM
SWIM START TIME 12 NOON
SWIM CUT OFF 4 HOURS
DISTANCE 7.5K

Issued by harbour master
Michael Young

Warrenpoint Harbour Authority
Issued 5th May 2026



This Notice is Self-Cancelling